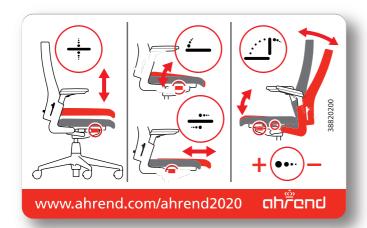
Ahrend 2020 manual

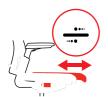




Seat height

To lower

- Pull lever on right side towards the outside
- Release lever when desired height is reached
 To raise
- Stand up
- Pull lever
- Release lever when desired height is reached



Seat depth

Shorter/longer

- Pull lever on right side towards the outside
- Push the seat backwards/forwards
- Release lever when desired position is reached



Seat tilt

Forward / backward

- Pull lever on right side towards the outside
- Tilt the seat backwards/forwards
- Release lever when desired position is reached



Synchro movement

Release synchro movement

■ Turn lever on left side up

Lock synchro movement (4 pos

Lock synchro movement (4 pos.)

- Pull lever on left side towards the outside
- Move backrest into the desired position
- Push lever inside

Release synchro movement

- Pull lever on left side towards the outside
- Lean against the backrest to release it.
 (the backrest has a kickback protection)



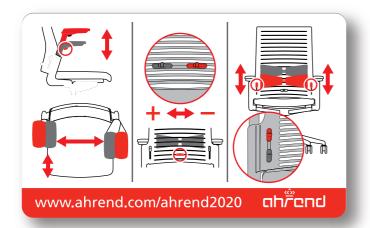
Comfort regulator synchro

This chair is provided with an Self-Tensioning Synchro movement. To optimize this movement towards its optimum comfort you can slide a knob.

To increase spring tension

- Slide the knob forwards
 - To reduce spring tension
- Slide the knob backwards.





Armrests

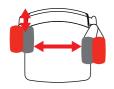
types of armrests:

- fixed armrest
- height adjustable armrest
- adjustable armrest for height width and depth



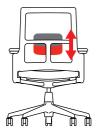
Higher/lower

- Grip the armrest
- Press the button and hold it down
- Raise/lower the armrest
- Release button when desired position is reached



Forwards/backwards Wider/narrower (HWD version)

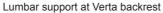
The armrests can simply be slid to its desired position by hand. The required position is held in place with a click mechanism. Arm pads remain parallel.



Lumbar support

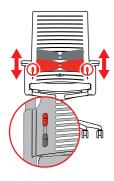
types of backrests:

- Backrest Verta: height adjustable lumbar support
- Backrest Extraverta: height and pressure adjustable lumbar support



Un / down

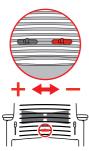
 Seated in the chair raise or lower the lumbar support by hand towards the required height



Lumbar support height at Extraverta backrest

Up / dowr

 Seated in the chair raise or lower the lumbar support by sliding both levers on the back by hand towards the required height



Lumbar support pressure at Extraverta backrest

 Seated in the chair shift the central lever towards left or right for more or less pressure

